

FEBRUARY 21

“HOW DO I RENEW MY SPIRITUAL VITALITY? I PUT MY HANDS TO WORK FOR CHRIST.”

READ

Hebrews 12:12-17

I picked up my Bible yesterday and turned to this passage in Hebrews. At the top of the page was one of those topical headings commentators put in Bibles: “Renew Your Spiritual Vitality.” Renew your spiritual vitality means it’s time for a revival. Verse 12 says to strengthen the hands which hang down. That means in my weariness, I’ve dropped my hands to my side. How do I renew my spiritual vitality? I lift my hands in praise to the Lord. I put my hands to work for Christ. I get involved in the work of the Lord. I don’t just attend church, but I get actively engaged in some ministry. You cannot be spiritually vibrant unless you “do.” If your hands aren’t busy about the Father’s business, then they will hang by your side. You will stay weak and weary. Get to work for God — it’s as simple as that. The “feeble knees” is just a beautiful metaphor for prayer. Feeble means they’re sensitive and tender, because I don’t use them. If you don’t pray, you will not be spiritually vital. If you wish to bear fruit or feel the spark of new enthusiasm for God, you have to do those two things: get busy for God and get on your knees!

PRAY

Lord, You’ve spoken loudly and clearly. If I want revival, if I’m lacking spiritual vitality, I need to seek and serve You. Help me do that today.

From February 22, 2009