

DECEMBER 16

**“THE GARMENT OF PRAISE IS
SOMETHING YOU HAVE TO GET UP
AND PUT ON EVERY MORNING.”**

READ

Isaiah 61:1-3

A spirit of heaviness is when you're faint, weak and tired. It's when you've had it "up to here" with people, with life and yes, even with God and church. You believe in your heart that you're saved, but there's a heaviness. Heaviness is that sense that you're never going to get a breakthrough and all your prayers have been for nothing. Heaviness makes you wonder if it really even pays to serve the Lord. Jesus came into this world to give us a remedy for that spirit of heaviness. What is the remedy? It is the garment of praise. It's something you have to get up and put on every morning. You can spend the rest of your life walking around with the spirit of heaviness or you can go to the closet, so to speak, and get out the garment of praise and put it on. You know from Scripture that you won't stay heavy hearted. You cannot feel down-and-out as long as you are praising God for His loving kindness and tender mercy. Once you button up the garment of praise, the spirit of heaviness has to lift.

PRAY

The wise men brought gifts to You, the One who came to earth, bringing the greatest gift of all — good news for the poor, healing for the brokenhearted, freedom for prisoners, and a garment of praise for the spirit of heaviness. I'm praising You now, Jesus.

From December 15, 2013