Upcoming events at Central

Widow Connection Coffee

Sat., June 14 | 10am | Youth Building Cafe

Widows will enjoy a special time of fellowship and prayer. Coffee and light refreshments will be served. The event is free; please register online at www.centralnc.org/events or call Catherine at 704-295-6846.



Wednesday Dinners Family Life Center | 5:30-6:45pm

Did you know you can order dinner to eat at Central before our Wednesday adult service? You can purchase meal tickets at the welcome desk in the Sanctuary lobby for \$7. Meals include beverage and dessert! Please note there are no services or dinner on May 28.

While We're Waiting Grieving Parents Group

Meets the 2nd Tuesday of each month, 6:30pm

This group for parents who are grieving the loss of a child helps them find support and encouragement. Call 704-295-6869 or email victoriac@centralnc.org for information.

CENTRAL CHURCH 5301 Sardis Rd

Charlotte, NC 28270

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That was Fine Family Entertainment!



Hello, dear Primetimers!

Our 2024-25 Primetimers season has been remarkable! What a wonderful way to close out this season with our special guests, the DeLawder family. They had us laughing and clapping, and worshiping the Lord together.

The program began with Larry, Sarah and their 18-year-old daughter, Faith, leading us in singing an upbeat, familiar song, "Jesus, Jesus, Jesus; sweetest Name I know!" This family's beautiful harmony and smiling faces confirmed to all of us that they truly love serving the Lord through music.

Larry's "Barney Fife" character showed up a few times, as he tried to get his gun out of his pocket or to get his hat on straight and telling a couple of hilarious jokes! Truly, "laughter does good like medicine," and we got a major dose that night!

I don't know if I've ever heard someone play the harmonica as skillfully as Larry. Not only does he play the harmonica and sing, he also plays the keyboard beautifully and led us in worship to close the evening. Faith blessed

us as she sang. "Let Me Tell You about My Jesus." She also sang a favorite of many of us, "How Great Thou Art," accompanied by Larry. The final song the trio shared was so appropriate as we are all looking for the return of Jesus: "Won't it Be Wonderful There?"

There were rave reviews from folks for the delicious meal. The homemade shells that held the wonderful taco salad were thoroughly enjoyed. And the Tres Leches cake? Divine!



As we take a break from monthly dinners for the summer, we say "thank you" to everyone for making Primetimers' gatherings extraspecial through your attendance. Central loves its 50-plus crowd dearly, so thank you to Pastor Greg, Catherine, Lois, Bobby at the soundboard, Brad and Anita in the kitchen, and all our faithful volunteers for making our dinners so enjoyable.



Have a wonderful summer! Blessings and love to each and every one!

Pam



My husband loves to play golf and recently played at a golf course called Eagle Chase. He told me it was home to several bald eagles. Several months ago, the eagles had faint and be weary, and the young men built a nest in a tall tree, but a windstorm blew down the tree, and the golfers could not locate the eagles. Several weeks passed, and a new nest appeared in a tree near the old one. The eagles had collected the twigs and sticks from their old nest to build a larger nest. I became fascinated by these amazing raptors and found out some interesting facts about them:

• An eagle can fly and dive 75 to 99 miles per hour, and can reach altitudes over 10.000 feet.

 They have keen eyesight and can see a 340-degree field of vision. They can spot a small animal two miles away, and can see in color and ultraviolet light.

• They often stay aloft for a long period of time without flapping their wings. They perform amazing aerial feats and appear to do it effortlessly.

• The bald eagle mates for life, and the male and female take care of their young together. Altogether, a remarkable bird!

Read Isaiah 40:28-31:

"Have you not known? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, neither faints nor is weary. His understanding

is unsearchable. He gives power to the weak, and to those who have no might He increases strength. Even the youths shall shall utterly fall, but those who wait upon the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint."

Dear Friend.

With all these facts in mind, consider your journey in life. Even though you will grow weary - physically, emotionally, mentally and spiritually - you do not have to stay at that low point. God will lift you up if you kneel and pray and ask Him to help you.

Even when the bald eagles' feathers are replaced through molting every year, the eagle is never left incapacitated. As you wait upon the Lord, you can still rise above difficulties. You can have peace even during troubles of the world. God will give you hope and courage to get you through. Be like the majestic eagle, lift your wings and trust in God. He will never leave or forsake you!

Blessings. Sherry Harris

Aging well? Primetimers offer senior "life hacks"

Some Primetimers offered up a few of the ideas that they are applying to help them "age gracefully!" What kind of things do you do to make life easier as you age?

- "Cook less; eat out more."
- "Carpool more."
- "Call somebody to help. Don't try to do it yourself. You've worked hard, you deserve a break!"
- "Store things where you can reach them don't get on a ladder if you don't have to!"
- "Stop worrying about what other people think."
- "It's okay to make lists to remember things. I write down everything, everywhere."
- "Don't hang on to things! Get rid of stuff you can't take it with you!"
- "Teach a young person how to do something. It will make you feel younger."

Try this "seasonal" acrostic puzzle

Fill in the "summer-y" answers to the clues in the corresponding spaces. The pink row, reading down, reveals a related word.

- *1. Your family youngsters*
 - out of school for summer
- 2. Making meals on the grill; a local fast food chain
- 3. Gives protection from both sun and rain
- *4. Refreshing iced citrus beverage*
- 5. Sand and surf: the shore
- 6. Too much time in the sun results in this
- 7. A long drive in the car; a vacation (2 words)
- 8. Dog paddling, back stroking or butterflying
- 9. We all scream for it (2 words)
- 10. Strong scented summer flowers: popular on Valentine's Day

10. roses. Acrostic word: "Summertime" Answers: 1. grandkids, 2. cookout, 3. umbrella, 4. lemonade, 5. beach, 6. sunburn, 7. road trip, 8. swimming, 9. ice cream,

Primetimers' Summer Social

Sat., July 12 | 11 am | Family Life Center

We'll enjoy "Christmas in July" with a Christmas movie and snacks. Also, Central youth will be in attendance to help you answer questions about navigating your smart phone. Tickets are \$5 and go on sale in June.





